Gym Classes

Monday 07:00 | 08:00 | 09:30 | 12:30 | 17:30 | 18:30

Tuesday 07:00 | 08:00 | 09:30 | 10:30 | 17:30 | 18:30

Wedneday 07:00 | 08:00 | 09:30 | 12:30 | 17:30 | 18:30

Thursday 07:00 | 08:00 | 09:30 | 10:30 | 17:30 | 18:30

Friday 07:00 | 08:00 | 09:30 | 12:30 | 17:30 | 18:30

> Saturday Sunday 08:00 | 09:00 09:15 | 10:15

Reformer Classes

Monday 08:00 | 09:00 | 10:00 | 12:00

Tuesday 08:00 | 09:00 | 10:00 | 17:30 | 18:30

Wedneday 08:00 | 09:00 | 10:00 | 12:00

Thursday 08:00 | 09:00 | 10:00 | 17:30 | 18:30

Friday 08:00 | 09:00 | 10:00 | 12:00

Saturday Sunday 09:00 | 10:00

10:00